



# Holistic Future Planning

With Circle of Support Team



# Why Plan for the Future

Proactive verse Reactive

- **Live a Self-Determined Life**
- **Improve Quality of Life for the Person**
- **To provide the Person with Choices**
- **Prevent Crisis Placement**
- **Maintain Government Benefits for independence**

# Additional OPWDD Services

Waiver and Non-Waiver services

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## Day Services/Employment

- Group Day Habilitation
- Supplemental Group Day Habilitation
- Prevocational Services
- Supported Employment (SEMP)
- Pathway to Employment

## Individualized Services

- Community Habilitation
- Respite
- Assistive Technology
- Vehicle Modifications
- Environmental Modifications
- Intensive Behavior Services
- Crisis Services for I/DD (CSIDD)
- Family Education and Training (FET)
- FSS Services – including Family Reimbursement

## Residential Services

- Housing Subsidy (formerly known as ISS)
- Group home with part-time or full-time support, often called Individualized Residential Alternatives (IRA)

# Letter of Intent

Guide to future caregivers for the person with disabilities. The letter can be used to describe needs/wants and what is reasonably available for the person with disabilities in the following areas:

## Major Items

- Financial Planning and Housing
- Healthcare Decisions
- Legal Steps
- Education and Employment

## Other items for Consideration

- Personal Routines
- Spiritual Diversity
- Cultural Considerations
- Service Animals and Pets
- Important People (Family and Friends)/ People Who Should Have No Contact
- Entertainment, Recreation and Vacations
- Unique and Special Information
- Religious and Holiday Celebrations

# FINANCIAL PLANNING

Financial Directives: To identify a comprehensive understanding of the individual's finances and planning for independent living.

## Major Items

- Type of benefits (Social Security Benefits)
- Employment wages
- New York State Supplement Program, such as, TANF, SSP, SNAP, HEAP, WIC, ACP- Broadband, Lifeline
- Savings accounts
- Supplemental Needs Trust
  - First Party SNT( Self settled)
  - Third Party SNT
  - Pooled SNT
- Able accounts

## Other items for Consideration

- Identifications ( NYS ID, Passport , Health Insurance SS card, etc.)
- Representative Payee Status ( Name contact information)
- Banking, credit and debit card accounts information and passwords
- List of safety deposit boxes, where to find keys and **names of authorized users**
- Housing history

# Healthcare Decisions

## Advance Directives

### Healthcare Proxy

- A legal document in NYS that allows an adult with capacity to appoint another person to make medical decisions for them should they become unable to make decisions for themselves about medical treatment. There are Specific witness requirements for Adults living in OPWDD certified settings

### Living Will

- Written instructions regarding a person's preferences for medical care if they are unable to communicate at the time of treatment. If a person has both a health care proxy and a living will, the living will can provide instructions for the health care proxy and can guide his/her decisions

### Healthcare Decisions Act & MOLST

- A law that allows specifically authorized surrogates to make healthcare decisions on a behalf of a person with intellectual or developmental disabilities who do not have the capacity to make their own health care decisions and do not have a healthcare proxy.
- The HCDA also grants the surrogate the authority to make decisions about whether to withhold or withdraw life sustaining treatment if certain statutory criteria are met.
- The Medical Orders for life sustaining treatment (MOLST) are the actual medical orders signed by a physician. The OPWDD MOLST Legal Requirements Checklist is mandatory prior to completing the MOLST

# LEGAL STEPS

Legal Directives: To identify next of kin and maintain continuity of supports.

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## Major Items

- **Supported Decision Making (SDM)** is a recognized practice by which people with intellectual and developmental disabilities (I/DD) are able to make their own decisions with the support of people they trust and retain all their legal and civil rights.
- **Power of Attorney** gives legal authority to an agent or attorney to make property, financial, and other legal decisions (**Individual most have decision making capacity**)
- **Guardianship** is someone appointed by a court to make financial or personal decisions for the individual or both. ( Article 17-A or Article 81)

## Other items for Consideration

- Assessing decision making capacity
- Family Health Care Decision Act (FHCDA)

# Case Study

## With Natural Supports

### individual



- Intelligent young adult with aging parents
- Goal to live independently
- Comorbid Diagnosis of a Psychiatric disorder and Autism
- Treatment and services can overlap but are different
- Importance of medication distribution prevention relapse
- Crisis intervention

### Services and Supports



- COS team work together to achieve the goal of the individual; meeting quarterly, creatively developing supports
- Approve SD Budget (housing, Staff, IDGS, Paid Neighbor, Transportation, OTPS), CDPAP, NY Start Program.
- Supports each have different roles and responsibilities but can overlap, ex. CDPAP and Comm. Hab.
- Supports in place in the event of an emergency/crisis

# Case Study

## Without Natural Supports

### Young Couple with Children

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- Goal to live self-determined lives and raise their children in a family centered setting.
- Comorbid diagnosis of Cerebral Palsy and intellectual disability
- Outstanding listener
- Holistic assessment of needs as a whole
- Family preservation through active planning and collaboration
- Optimize ability to be mobile with supports
- Crisis prevention

### Services and Supports

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- CO-Brokering services
- COS team work together to achieve the goal of the individual; meeting monthly, creatively developing supports.
- Approve SD Shared Budget (Housing, Staff, **IDGS (emphasized in parenting training)**, Staffing Support, Paid Neighbor, Transportation, OTPS), CDPAP, Parenting Training.
- Supports each have different roles and responsibilities but can overlap, ex. CDPAP and Comm Hab.
- Strategized backup systems and staff supports, ex. Com Hab. staff being cleared to provide CDPAP services.

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Thank you