



# Social Determinants of Health of People with Disabilities

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Excellence





## Vision

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A world of dignity, opportunity, and community for **all** people.



## Mission

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CQL is dedicated to the definition, measurement, and improvement of **personal** quality of life.





Health and safety are the building blocks  
**but they are not enough**

**“Conditions in the environments  
in which people are born, live,  
learn, work, play, worship, and  
age that affect a wide range of  
health, functioning, and quality-  
of-life outcomes and risks”**

*-United States Office of Disease Prevention and Health Promotion*



SOCIAL DETERMINANTS OF HEALTH

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# Economic





**SOCIAL DETERMINANTS OF HEALTH**

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# **Environmental**

SOCIAL DETERMINANTS OF HEALTH

# Social, Political, & Cultural Institutions





SOCIAL DETERMINANTS OF HEALTH

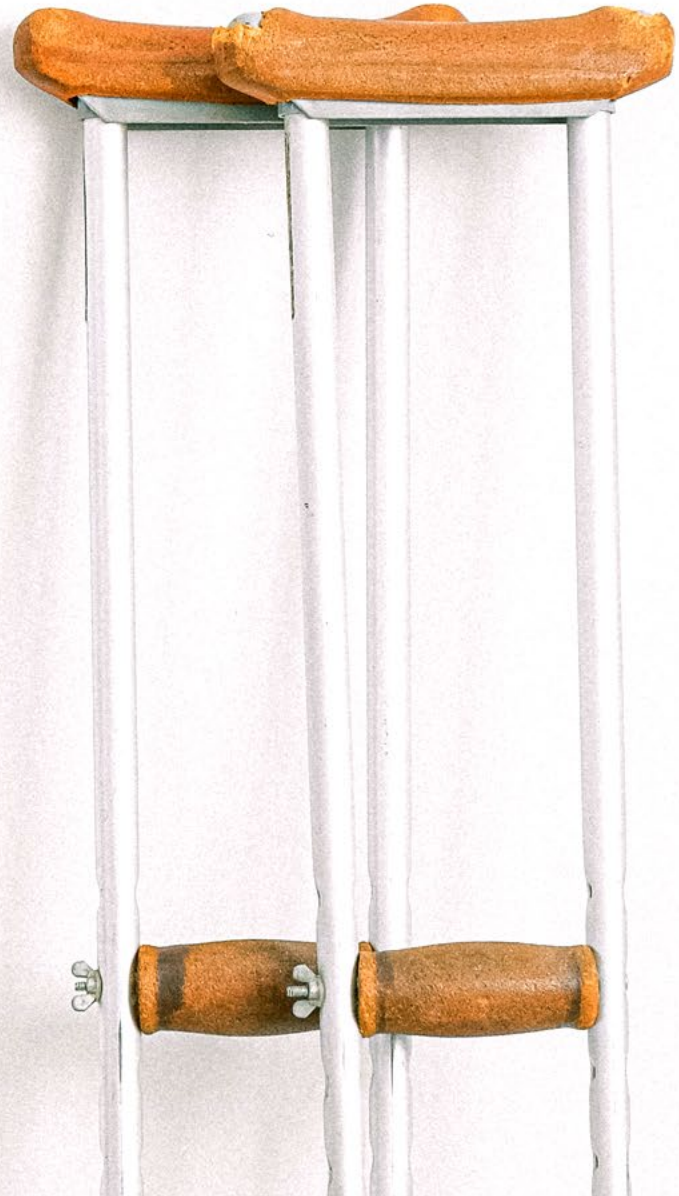
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# Government, Politics, & Policies

**SOCIAL DETERMINANTS OF HEALTH**

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# Health Care





SOCIAL DETERMINANTS OF HEALTH

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# Education & Employment

SOCIAL DETERMINANTS OF HEALTH

# Relationships





SOCIAL DETERMINANTS OF HEALTH

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# Technology

**People with disabilities face more disparities and poorer outcomes than nondisabled peers.**

**Especially impacted by:**

- Disability employment disparities
- High instances of poverty
- Lack of affordable and accessible housing
- Lack of accessible transportation
- Ableism in healthcare systems
- Social exclusion and isolation







# Social Determinants of Health Index

The CQL Social Determinants of Health Index			
Indicator	Choice and Engagement	Person-Centeredness	Health and Safety
People interact with other members of the community			
People participate in the life of the community			
People perform different social roles			
People choose where to work			
People choose where and with whom to live			
People exercise rights			
People are treated fairly			
People are respected			
People experience continuity and security			
People have the best possible health			
People are safe			
AVERAGE	#DIV/0!	#DIV/0!	#DIV/0!
	<b>Overall Social Determinants of Health Score</b>		
	#DIV/0!		

# Average % of SDOH Outcomes Present in 2021

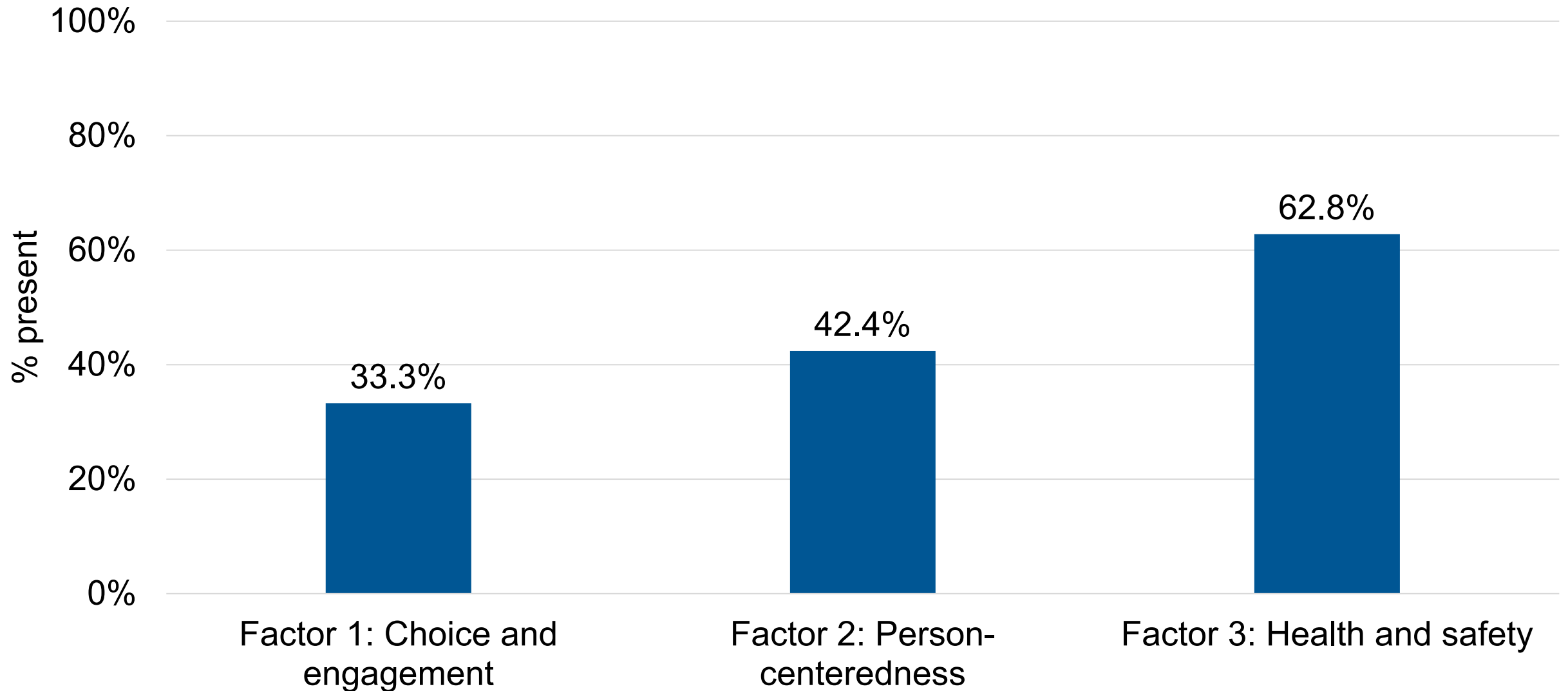
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**43.3%**



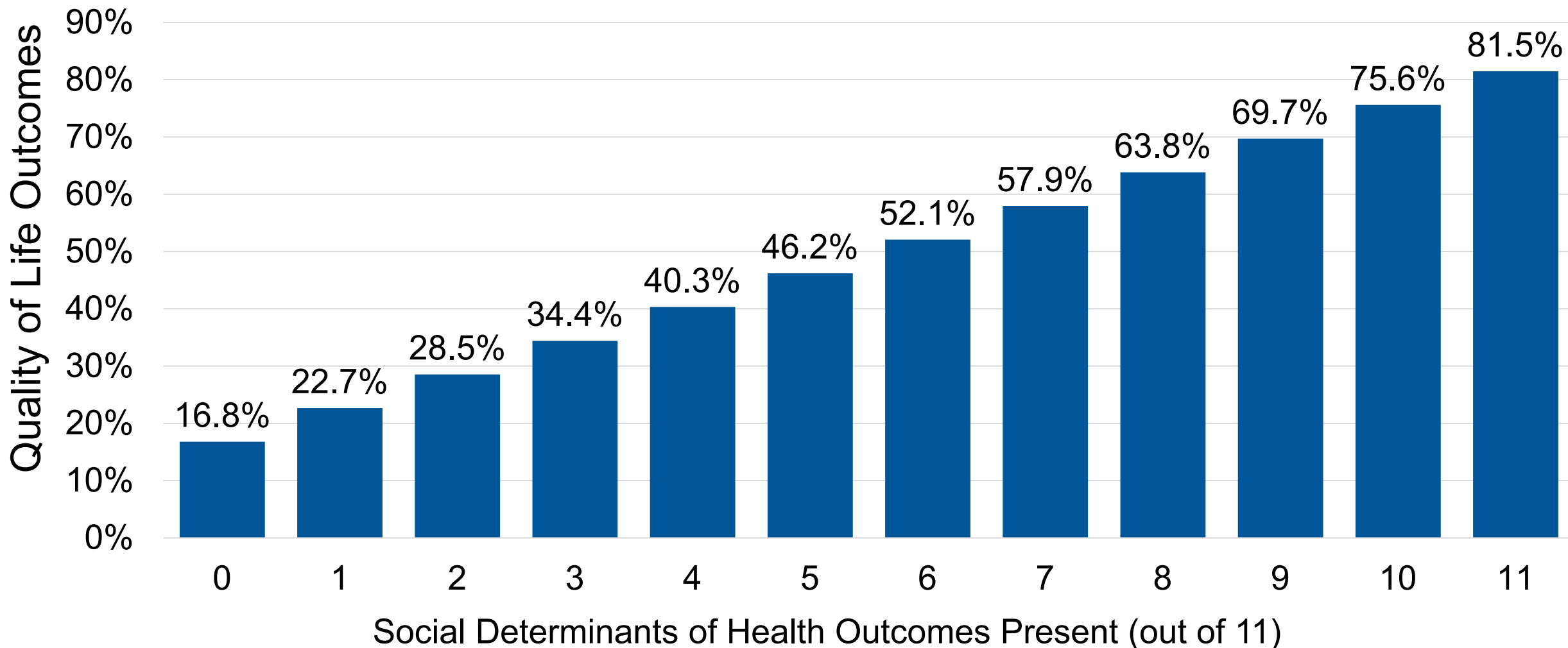


# SDOH Outcomes Present in 2021 By Factor



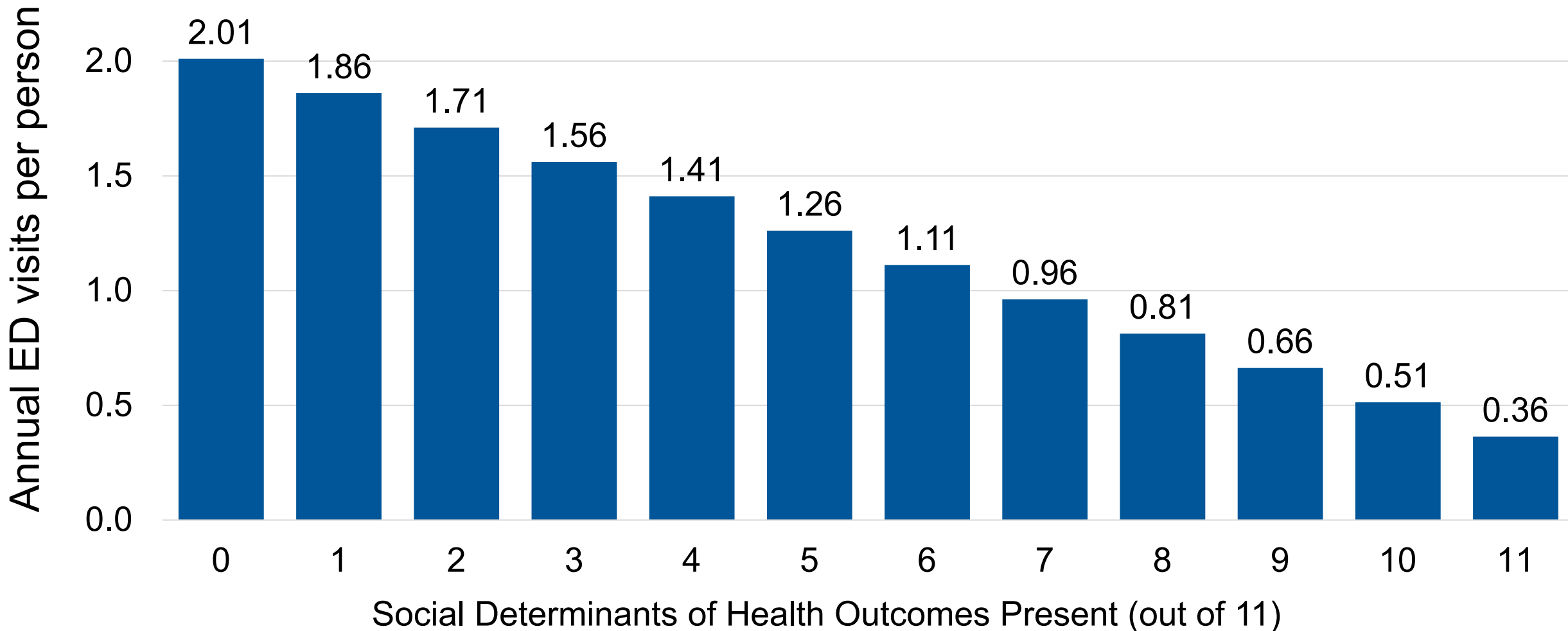


# Relationship To Quality Of Life Outcomes



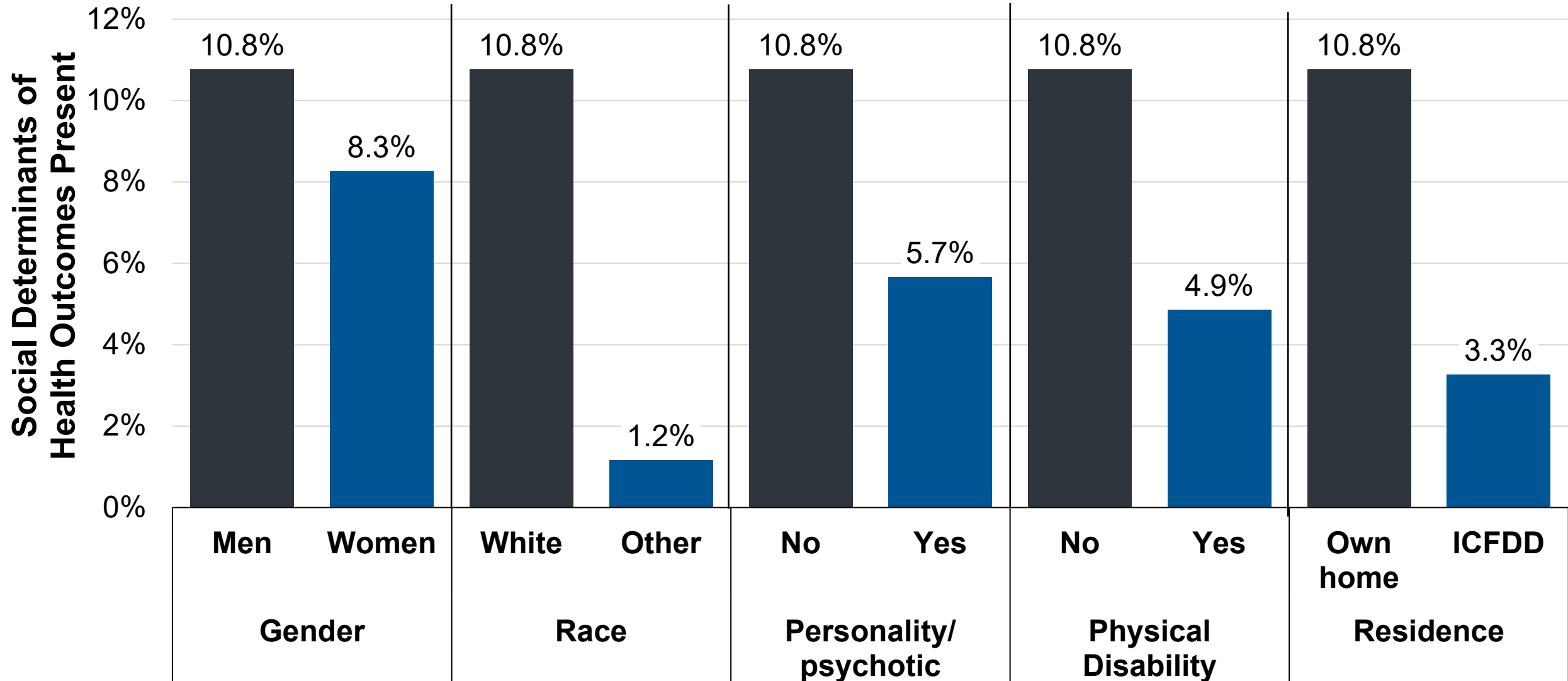


# Emergency Department Visits & Social Determinants of Health



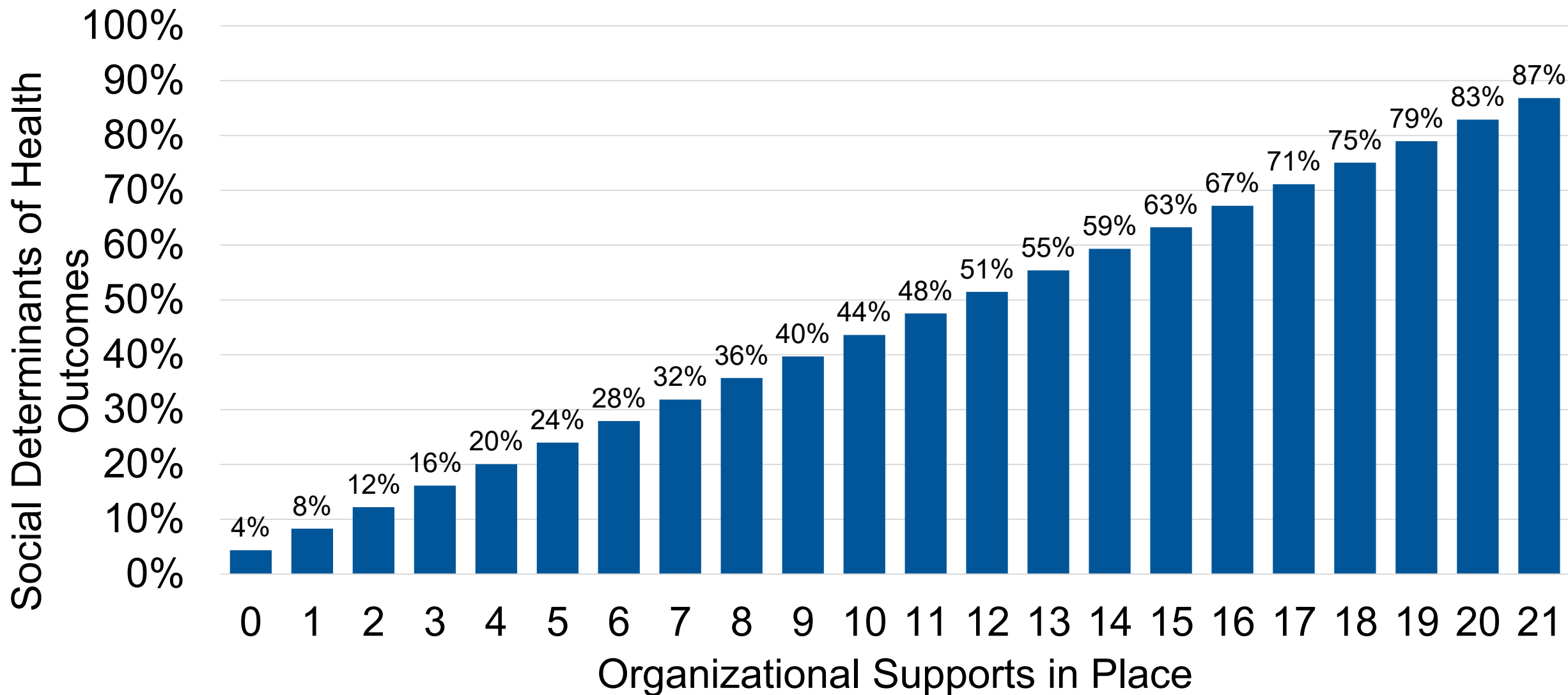


# Disparities In SDOH Across People With Disabilities





# Impact Of Organizational Supports





# Organizational Supports to Promote Social Determinant of Health Outcomes

# Choice and Engagement





# Choice and Engagement

## CQL Resources



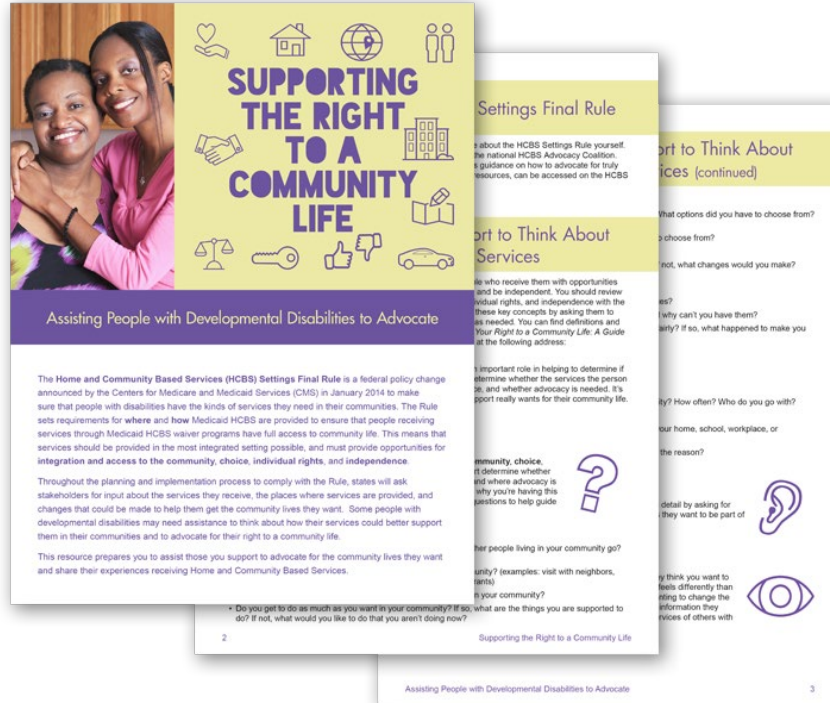
This guide prepares people supported for HCBS advocacy with information about the Rule and tools to share about your experience receiving services

[www.c-q-l.org/resources/projects/the-hcbs-act-project/](http://www.c-q-l.org/resources/projects/the-hcbs-act-project/)



# Choice and Engagement

## CQL Resources



This resource prepares everyone to assist those you support to advocate for the community lives they want and share their experiences receiving Home and Community Based Services

[www.c-q-l.org/resources/projects/the-hcbs-act-project/](http://www.c-q-l.org/resources/projects/the-hcbs-act-project/)

# People Have Rights



# Overview Of Human Rights



- Right to Vote
- Right to Move Freely
- Right to Manage Your Money
- Right to Send and Receive Mail
- Right to Make and Receive Telephone Calls
- Right to Visit and Be Visited by Whomever You choose
- Right to Access Personal Possessions
- Right to Marry and Have Children

# Overview Of Human Rights

- Right to Freedom of Religion
- Right to Reasonable Expectation of Privacy
- Right to Services in the Least Restrictive Environment
- Right to Freedom of Speech and Expression
- Right to Life, Liberty and Security of Person
- Right to Equal Pay for Equal Work
- Right to Bear Arms



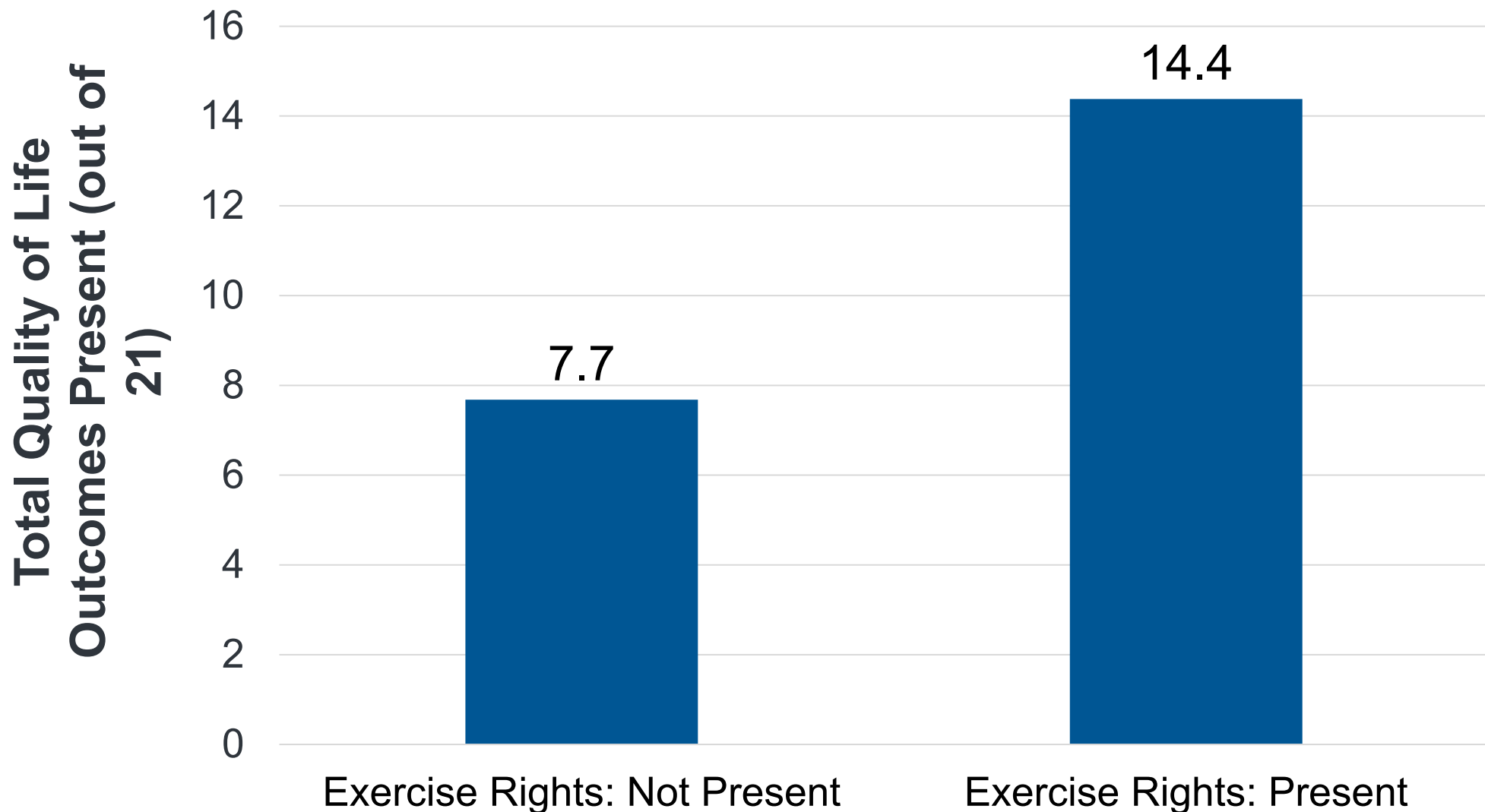
## What about these?

- Right to decide when you will get up or go to bed
- Right to have a say in what you eat
- Right to decide how you spend your day
- Right to choose what clothes you will wear
- Right to decide when you will go to bed
- Right to have access to all parts of your home
- Right to access your food at all times
- Right to refuse medical treatment





# Impact of Exercising Rights on Overall Quality of Life



# Organizational Supports To Facilitate Rights

9x  
exercise rights



Person's preferences and desires about the exercise of rights solicited by the organization

9x  
exercise rights



Rights important to the person identified or efforts being made to learn about the person's preferences

21x  
exercise rights



Person is provided with the support needed to exercise their rights

# People Are Treated Fairly



People are afforded the opportunity to contest actions or decisions that he/she believes are not fair or in his/her best interest

- Any restriction on rights should be treated as temporary
- Training and support are provided so that restrictions and limitations can be removed
- Independent committees review personal complaints or restrictions - provide a form of due process
- The person is supported to present their complaints and thoughts about rights limitations
- The organization must follow due process principles

# People Are Respected



## The Big 'R' in Respect

- Presumed Competence
- Choice
- Control
- Dignity of risk
- Being challenged





# People Are Respected

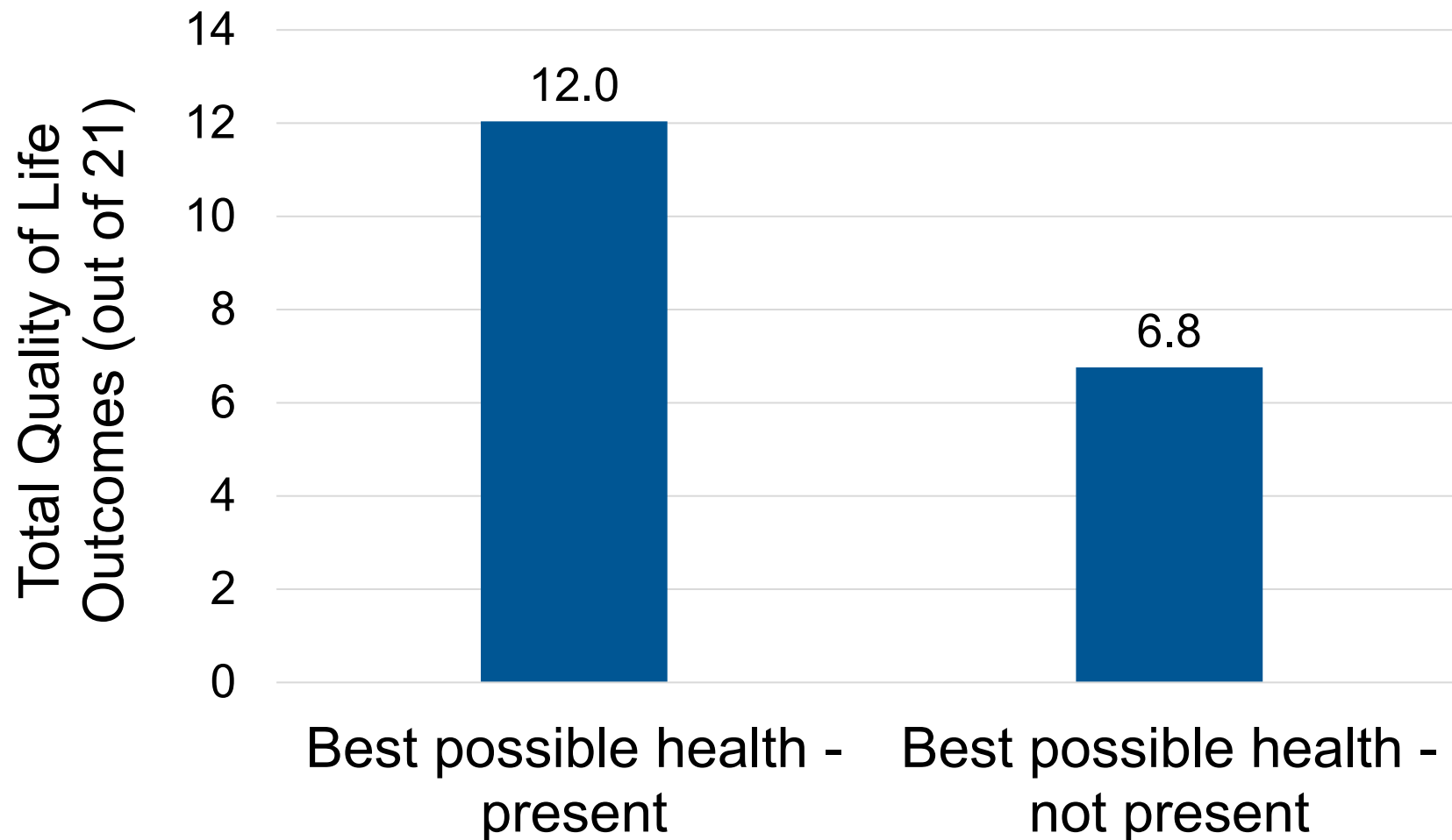
People are treated in the same manner as others by everyone

- Interactions that promote respect do not draw undue attention to a person's disability or differences
- The person's options and preferences are honored; the person's capabilities are stressed
- Expectations for achievement are high
- Service supports are not intrusive or demeaning
- People are treated with respect by family, staff, co-workers, health care professionals, neighbors, friends, housemates, and others
- Support should enhance the person's self-image and promote a positive image

# People Have Best Possible Health



IMPACT OF  
BEST POSSIBLE  
HEALTH ON  
QUALITY OF  
LIFE



**People  
are Safe**



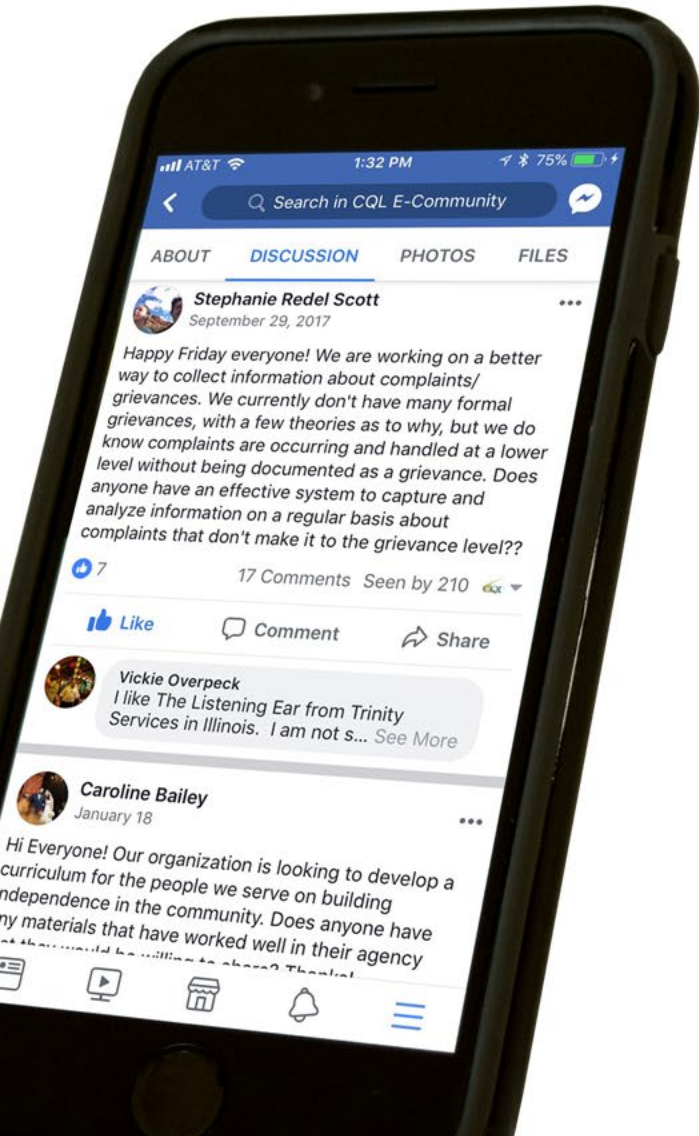


**The odds of people with disabilities being safe increases by**

**2,563%**

**when individualized organizational supports are in place**

# Connect With Us



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## FACEBOOK E-COMMUNITY:

[www.facebook.com/groups/CQLCommunity/](http://www.facebook.com/groups/CQLCommunity/)

# Contact Us

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